

2009 Lakeside Mile - 12/6/2009

Results

Women 30-34 400 SC Meter Freestyle Split

1 Breana Lewis 33 SKY 5:39.93

Women 30-34 800 SC Meter Freestyle Split

1 Breana Lewis 33 SKY 11:26.30

Women 30-34 1500 SC Meter Freestyle

1 Breana Lewis 33 SKY 21:33.26

38.59	42.75	43.18	43.30
43.14	43.36	42.76	42.85
43.07	42.86	43.26	43.24
43.55	43.23	43.59	43.57
43.53	43.48	43.18	43.91
43.69	43.91	43.28	43.16
43.61	43.65	43.03	43.37
43.44	41.72		

Women 35-39 400 SC Meter Freestyle Split

1 Nina Wolgelenter 39 SKY 6:59.18

Women 35-39 800 SC Meter Freestyle Split

1 Nina Wolgelenter 39 SKY 14:23.00

Women 35-39 1500 SC Meter Freestyle

1 Nina Wolgelenter 39 SKY 27:26.58

46.00	50.33	51.94	53.54
53.39	54.03	55.16	54.79
54.52	55.00	56.02	55.46
55.63	55.63	55.72	55.84
57.10	55.97	56.22	57.07
56.52	56.91	55.94	56.71
57.54	56.30	56.69	55.68
54.54	50.39		

Women 40-44 400 SC Meter Freestyle Split

1 Jacqueline Ward 41 SKY 6:03.73

2 Susan Ehringer 41 SKY 6:22.87

Women 40-44 800 SC Meter Freestyle Split

1 Jacqueline Ward 41 SKY 12:24.95

2 Susan Ehringer 41 SKY 13:00.98

Women 40-44 1500 SC Meter Freestyle

1 Jacqueline Ward 41 SKY 23:39.30

39.65	44.03	45.48	46.40
46.83	47.20	47.07	47.07
47.57	47.43	47.28	47.26
47.71	48.05	47.90	48.02
48.54	48.10	48.32	47.93
48.17	48.05	48.18	48.25
47.82	48.16	48.29	47.90
48.47	48.17		
2 Susan Ehringer	41 SKY		24:50.43
42.53	46.97	48.30	47.82
48.77	49.74	49.19	49.55
49.32	49.76	49.41	49.94
49.67	50.06	50.25	49.70
49.56	50.48	51.60	50.05
49.10	51.25	51.46	50.32
51.96	50.92	51.16	51.05
50.40	50.14		

Women 45-49 200 SC Meter Freestyle Lead off Split

1 Amy Pope 49 SKY 2:42.82

Women 45-49 400 SC Meter Freestyle Split

1 Amy Pope 49 SKY 5:42.65

2 Pam Kimmel 45 SKY 5:57.60

3 Margaret Duncan 47 SKY 6:41.44

4 Nancy Postlewait 48 SKY 7:59.74

Women 45-49 800 SC Meter Freestyle Split

1 Amy Pope 49 SKY 11:32.48

2 Pam Kimmel 45 SKY 12:01.21

3 Margaret Duncan 47 SKY 13:22.64

4 Nancy Postlewait 48 SKY 16:16.02

Women 45-49 1500 SC Meter Freestyle

1 Amy Pope 49 SKY 21:40.28

39.43	42.07	42.85	43.16
43.53	43.70	43.89	44.02
44.09	43.75	43.76	43.84
43.58	43.51	43.69	43.61
43.35	43.69	43.55	43.42
43.75	43.46	43.54	43.53
44.02	43.46	43.21	43.38
42.90	42.54		

2 Pam Kimmel 45 SKY 22:25.56

40.00	43.74	45.01	45.37
45.60	45.82	46.06	46.00
45.89	45.45	45.49	45.50
45.25	45.41	45.42	45.20
45.30	45.16	45.11	45.30
44.57	44.44	44.55	44.52
44.65	44.39	44.56	44.73
44.29	42.78		

3 Margaret Duncan 47 SKY 24:51.76

46.60	49.75	50.52	51.24
50.91	51.10	50.69	50.63
50.43	50.78	50.29	50.14
50.22	50.11	49.76	49.47
49.57	49.79	49.66	49.91
49.66	49.74	50.01	50.27
50.12	50.02	49.45	48.31
47.35	45.26		

4 Nancy Postlewait 48 SKY 30:50.88

49.02	57.03	1:00.57	1:01.04
1:04.42	1:03.20	1:03.40	1:01.06
1:00.78	1:01.30	1:00.81	1:02.29
1:01.59	1:03.36	1:02.52	1:03.63
1:03.16	1:01.71	1:03.65	1:02.76
1:02.45	1:03.31	1:02.14	1:02.28
1:03.32	1:03.07	1:02.15	1:02.68
1:01.82	1:00.36		

Women 50-54 200 SC Meter Freestyle Lead off Split

1 Janice Kregor 53 SKY 3:05.41

Women 50-54 400 SC Meter Freestyle Split

1 Janice Kregor 53 SKY 6:17.33

2 Meg Smath 53 SKY 7:29.97

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Women 50-54 800 SC Meter Freestyle Split

1	Janice Kregor	53	SKY	12:36.18
2	Meg Smath	53	SKY	15:17.05

Women 50-54 1500 SC Meter Freestyle

1	Janice Kregor	53	SKY	23:32.89
	44.11	47.55	47.67	48.00
	47.86	47.71	47.31	47.12
	47.48	47.31	47.81	47.63
	47.00	47.27	47.35	47.00
	47.42	46.42	46.93	47.38
	46.63	47.00	46.66	47.11
	46.83	47.22	47.00	46.98
	47.16	45.97		
2	Meg Smath	53	SKY	28:59.21
	49.07	54.24	56.33	57.93
	58.65	58.51	57.37	57.87
	57.28	57.30	59.40	58.32
	58.42	58.61	58.73	59.02
	1:00.62	59.44	58.87	58.84
	59.13	58.38	59.47	58.33
	58.29	58.81	59.05	59.45
	58.72	54.76		

Women 55-59 400 SC Meter Freestyle Split

1	Patsy Kaelin	58	SKY	11:04.04
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Women 55-59 800 SC Meter Freestyle Split

1	Patsy Kaelin	58	SKY	22:49.83
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Women 55-59 1500 SC Meter Freestyle

1	Patsy Kaelin	58	SKY	42:14.53
	1:08.07	1:21.73	1:25.78	1:27.37
	1:24.79	1:23.52	1:26.25	1:26.53
	1:28.02	1:27.72	1:28.07	1:31.07
	1:30.38	1:29.75	1:28.08	1:22.70
	1:25.66	1:29.57	1:22.99	1:26.39
	1:22.67	1:25.87	1:27.67	1:24.35
	1:21.77	1:21.46	1:21.70	1:19.33
	1:21.81	1:13.46		

Women 65-69 400 SC Meter Freestyle Split

1	Vicki Catlin	65	SKY	8:21.21
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Women 65-69 800 SC Meter Freestyle Split

1	Vicki Catlin	65	SKY	17:08.48
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Women 65-69 1500 SC Meter Freestyle

1	Vicki Catlin	65	SKY	32:55.65
	56.46	1:02.32	1:03.76	1:03.86
	1:03.43	1:04.69	1:02.66	1:04.03
	1:05.56	1:07.29	1:04.89	1:05.58
	1:05.04	1:05.68	1:06.75	1:06.48
	1:05.22	1:06.46	1:07.43	1:08.01
	1:08.29	1:10.05	1:06.57	1:07.67
	1:07.49	1:07.44	1:09.51	1:08.26
	1:07.25	1:07.52		

Men 25-29 400 SC Meter Freestyle Split

1	Chris Tingley	27	SKY	5:32.49
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Men 25-29 800 SC Meter Freestyle Split

1	Chris Tingley	27	SKY	11:19.31
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Men 25-29 1500 SC Meter Freestyle

1	Chris Tingley	27	SKY	21:23.74
	37.00	40.51	42.19	42.23
	42.69	42.68	42.35	42.84
	42.49	43.16	43.08	43.17
	43.07	43.35	44.14	44.36
	44.05	43.54	43.52	43.68
	43.40	43.48	43.44	43.32
	43.78	43.31	43.09	43.38
	42.66	39.78		

Men 30-34 200 SC Meter Freestyle Lead off Split

1	Rory Gillman	32	SKY	2:30.98
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Men 30-34 400 SC Meter Freestyle Split

1	Rory Gillman	32	SKY	5:40.14
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Men 30-34 800 SC Meter Freestyle Split

1	Rory Gillman	32	SKY	11:37.40
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Men 30-34 1500 SC Meter Freestyle

1	Rory Gillman	32	SKY	22:02.12
	36.89	41.14	42.81	42.91
	43.23	44.16	44.45	44.55
	44.60	44.82	44.73	45.05
	44.47	44.60	44.54	44.45
	44.57	44.80	44.60	44.82
	44.63	44.78	44.38	44.49
	44.79	45.14	44.83	44.75
	44.93	43.21		

Men 35-39 200 SC Meter Freestyle Lead off Split

1	C.J. Rushman	38	SKY	2:18.43
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Men 35-39 400 SC Meter Freestyle Split

1	Ted Sandstra	36	SKY	5:53.00
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Men 35-39 800 SC Meter Freestyle Split

1	Ted Sandstra	36	SKY	12:03.46
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Men 35-39 1500 SC Meter Freestyle

1	Ted Sandstra	36	SKY	22:57.62
	35.97	41.35	43.80	45.23
	46.11	46.15	47.42	47.08
	46.94	46.89	45.91	46.13
	46.68	45.99	45.57	46.24
	45.60	46.91	46.55	46.37
	47.45	46.10	46.30	47.28
	46.23	46.60	47.72	46.41
	47.24	47.40		

Men 40-44 400 SC Meter Freestyle Split

1	Dale Mercker	42	SKY	4:59.68
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Men 40-44 800 SC Meter Freestyle Split

1	Dale Mercker	42	SKY	10:03.60
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Men 40-44 1500 SC Meter Freestyle					4 Toom Partipilo	50 SKY			15:28.07
1 Dale Mercker	42 SKY			18:40.69	Men 50-54 1500 SC Meter Freestyle				
	33.26	36.95	37.93	37.80	1 Sam Blythe	50 SKY			21:48.14
	38.02	38.51	38.48	38.73		38.03	41.59	42.99	43.44
	38.32	38.41	38.22	37.84		44.12	43.88	43.92	43.33
	38.12	37.79	37.58	37.64		43.30	43.80	44.14	44.10
	37.31	37.06	37.17	37.16		44.39	44.26	43.74	44.05
	36.92	37.05	36.94	37.13		43.93	44.20	44.08	43.56
	36.74	37.12	36.67	36.89		43.97	43.99	44.40	44.15
	36.61	36.32				44.43	44.36	44.25	43.92
Men 45-49 400 SC Meter Freestyle Split						43.78	42.04		
1 Michael Johann	47 SKY			5:13.89	2 Barry Whaley	50 SKY			22:14.85
2 Rick Ransdell	46 SKY			5:45.22		37.55	40.96	42.17	43.59
3 Dennis Schauman	48 SKY			6:40.06		43.90	44.41	44.69	45.47
Men 45-49 800 SC Meter Freestyle Split						45.23	44.84	45.38	45.05
1 Michael Johann	47 SKY			10:29.57		45.37	45.61	45.26	45.61
2 Rick Ransdell	46 SKY			11:37.94		45.38	45.40	45.36	45.72
3 Dennis Schauman	48 SKY			13:52.59		45.49	45.44	45.60	45.31
Men 45-49 1500 SC Meter Freestyle						45.69	45.09	44.93	44.60
1 Michael Johann	47 SKY			19:47.98		44.31	41.44		
	36.60	39.01	39.59	39.53	3 George VanMeter, Jr	54 SKY			23:10.24
	40.19	39.77	39.94	39.26		45.47	46.15	46.48	47.18
	39.41	39.33	39.40	39.54		47.49	47.82	48.23	47.10
	39.43	39.47	39.66	39.44		47.31	47.35	46.97	46.62
	39.35	39.53	39.87	39.83		46.45	46.49	46.10	46.76
	39.85	39.68	39.74	39.98		46.58	46.01	46.34	46.07
	40.52	40.26	40.41	40.58		45.90	46.34	46.35	46.04
	40.07	38.74				45.80	45.39	45.49	44.07
						44.83	45.06		
2 Rick Ransdell	46 SKY			21:50.19	4 Toom Partipilo	50 SKY			29:12.44
	36.57	42.21	44.67	44.64		49.31	56.50	58.26	57.65
	44.18	44.20	44.45	44.30		58.71	58.78	58.43	59.27
	43.93	43.83	44.25	43.90		59.29	58.65	59.34	58.62
	44.19	44.06	44.41	44.15		58.47	59.44	58.28	59.07
	43.97	43.96	43.90	43.98		59.19	58.68	59.95	58.50
	44.11	43.98	44.25	43.81		58.86	59.71	57.88	59.51
	43.54	43.57	43.61	43.65		59.25	58.74	59.93	58.82
	43.59	42.33				58.23	57.12		
3 Dennis Schauman	48 SKY			26:51.73	Men 55-59 400 SC Meter Freestyle Split				
	41.22	47.45	50.50	50.06	1 Edward Bell	56 SKY			5:09.78
	51.59	51.22	53.09	54.93	2 Tom Mester	58 SKY			6:17.51
	52.93	53.56	54.64	54.80	Men 55-59 800 SC Meter Freestyle Split				
	54.30	54.37	53.38	54.55	1 Edward Bell	56 SKY			10:23.62
	55.30	55.24	55.21	55.34	2 Tom Mester	58 SKY			12:38.11
	55.62	56.55	54.87	54.32	3 John Willis	55 SKY			15:55.39
	54.98	58.58	56.47	56.17	Men 55-59 1500 SC Meter Freestyle				
	57.18	53.31			1 Edward Bell	56 SKY			19:24.65
Men 50-54 400 SC Meter Freestyle Split						33.78	38.39	39.62	39.71
1 Sam Blythe	50 SKY			5:41.30		39.68	39.83	39.43	39.34
2 Barry Whaley	50 SKY			5:42.74		39.30	39.49	39.32	39.18
3 George VanMeter, Jr	54 SKY			6:15.92		39.03	39.36	38.96	39.20
4 Toom Partipilo	50 SKY			7:36.91		39.26	39.43	39.15	38.98
Men 50-54 800 SC Meter Freestyle Split						38.92	39.39	38.89	38.91
1 Sam Blythe	50 SKY			11:33.08		38.69	39.12	38.65	38.38
2 Barry Whaley	50 SKY			11:45.09		37.39	35.87		
3 George VanMeter, Jr	54 SKY			12:29.97					

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(Men 55-59 1500 SC Meter Freestyle)

2	Tom Mester	58	SKY		23:47.16
	41.03	47.31	49.05	48.61	
	48.41	48.18	47.50	47.42	
	47.66	47.58	47.82	48.67	
	46.91	47.61	47.18	47.17	
	47.86	48.12	46.99	47.93	
	48.01	47.76	47.46	47.63	
	47.93	48.20	48.59	47.78	
	48.24	46.55			
3	John Willis	55	SKY		29:43.90
	51.84	56.97	1:00.09	1:02.91	
	1:00.81	2:03.42	1:01.03		
		1:00.68	59.55	59.94	
	1:00.13	59.34	1:00.17	58.79	
	1:00.16	58.79	59.07	58.94	
	59.87	59.75	59.22	59.08	
	59.37	59.04	59.24	58.95	
	59.63	57.40			

Men 60-64 400 SC Meter Freestyle Split

1	Frank Diebold	61	SKY		7:06.94
2	Woody Turrentine	61	SKY		7:30.76

Men 60-64 800 SC Meter Freestyle Split

1	Frank Diebold	61	SKY		14:29.21
2	Woody Turrentine	61	SKY		15:04.75

Men 60-64 1500 SC Meter Freestyle

1	Frank Diebold	61	SKY		27:08.90
	46.54	50.61	53.17	54.66	
	55.51	56.24	54.98	55.23	
	55.97	55.26	55.73	55.72	
	54.84	54.93	55.18	54.64	
	54.95	54.60	54.84	55.34	
	54.48	55.15	54.72	54.11	
	54.74	55.21	54.60	52.87	
	52.81	51.27			
2	Woody Turrentine	61	SKY		28:12.90
	53.11	57.74	57.32	57.03	
	56.35	57.24	55.57	56.40	
	56.42	56.88	56.04	56.76	
	56.97	57.07	57.40	56.45	
	56.72	55.39	56.46	56.49	
	56.15	57.50	56.83	57.40	
	57.12	55.77	57.34	56.80	
	56.07	52.11			

Men 65-69 200 SC Meter Freestyle Lead off Split

1	Stanley Bearden	66	SKY		3:48.57
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Men 65-69 400 SC Meter Freestyle Split

1	Larry Isom	69	SKY		7:54.12
2	Stanley Bearden	66	SKY		7:59.70
3	Dave Burgio	66	SKY		9:02.39

Men 65-69 800 SC Meter Freestyle Split

1	Larry Isom	69	SKY		15:56.73
2	Stanley Bearden	66	SKY		16:03.53
3	Dave Burgio	66	SKY		18:20.12

Men 65-69 1500 SC Meter Freestyle

1	Larry Isom	69	SKY		29:40.11
	51.43	1:00.15	1:00.62	1:01.96	
	1:00.54	59.41	59.46	1:00.55	
	59.88	1:00.11	1:00.16	59.07	
	1:01.60	1:01.25	1:01.01	59.53	
	1:00.22	58.54	1:00.04	59.34	
	58.66	59.16	57.98	59.55	
	1:00.08	58.26	57.57	59.40	
	58.27	56.31			
2	Stanley Bearden	66	SKY		30:16.17
	52.48	59.81	1:00.66	1:01.63	
	1:00.60	1:01.15	1:01.85	1:01.52	
	1:01.26	1:00.79	59.45	1:00.16	
	1:00.17	1:01.52	1:00.05	1:00.43	
	1:00.54	1:00.62	1:01.53	59.50	
	1:01.09	1:01.90	1:00.15	1:01.75	
	1:01.49	1:01.37	1:01.34	1:01.22	
	1:00.18	59.96			
3	Dave Burgio	66	SKY		34:40.18
	1:02.77	1:07.04	1:08.39	1:08.97	
	1:09.15	1:08.84	1:08.22	1:09.01	
	1:09.47	1:09.40	1:09.52	1:10.26	
	1:09.66	1:09.42	1:09.99	1:10.01	
	1:09.16	1:09.08	1:10.17	1:11.80	
	1:10.02	1:10.98	1:10.99	1:10.29	
	1:10.44	1:10.13	1:10.84	1:10.85	
	1:09.57	1:05.74			

Men 75-79 400 SC Meter Freestyle Split

1	Dick Chisholm	75	SWOM		6:56.25
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Men 75-79 800 SC Meter Freestyle Split

1	Dick Chisholm	75	SWOM		14:01.58
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Men 75-79 1500 SC Meter Freestyle

1	Dick Chisholm	75	SWOM		26:26.14
	45.58	50.32	53.55	54.07	
	54.16	53.10	52.73	52.74	
	52.80	53.78	53.24	53.59	
	53.97	52.33	52.62	53.00	
	54.10	53.47	52.98	53.93	
	53.56	53.33	54.15	53.89	
	53.98	53.61	52.95	53.21	
	52.32	49.08			

Women 160-199 800 SC Meter Freestyle Relay

1	SKY	A			12:07.99
	1) Janice Kregor W53	2) Pam Kimmel W45			
	3) Meg Smath W53	4) Jacqueline Ward W41			
	43.80	1:30.02	2:17.04	3:05.41	
	30.37	45.97	1:37.68	4:01.26	
	42.73	1:26.88	2:11.74	2:28.28	
	22.38	1:05.70	2:33.04		

Men 160-199 800 SC Meter Freestyle Relay

1	SKY	A			9:56.19
	1) Edward Bell M56	2) Dale Mercker M42			
	3) Rick Ransdell M46	4) Michael Johann M47			

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Men 240-279 800 SC Meter Freestyle Relay

1 SKY	A			14:06.23
1) Stanley Bearden M66	2) Ted Wathen M62			
3) Woody Turrentine M61	4) Larry Isom M69			
50.60	1:47.82	2:49.57	3:48.57	
10.20	47.82	1:44.43	4:29.87	
57.01	1:54.45	2:51.09	3:32.23	
45.70	1:32.56	2:15.56		

Mixed 120-159 800 SC Meter Freestyle Relay

1 SKY	A			10:22.78
1) Rory Gillman M32	2) Chris Tingley M27			
3) Breana Lewis W33	4) Robin Coates W23			
34.73	1:12.31	1:51.30	2:30.98	
36.06	1:17.72	2:00.38	2:41.26	
13.53	38.01	1:18.91	3:14.65	
39.28	1:17.93	1:55.89		
2 SKY	B			11:13.51
1) C.J. Rushman M38	2) Nina Wolgelenter W39			
3) Sam Blythe M50	4) Susan Ehringer W41			
30.53	1:04.69	1:41.53	2:18.43	
34.01	1:13.83	1:54.99	3:20.35	
47.64	1:38.30	2:28.65	3:11.32	
46.77	1:34.93	2:23.41		

Mixed 200-239 800 SC Meter Freestyle Relay

1 SKY	A			10:30.71
1) Amy Pope W49	2) Barry Whaley M50			
3) Jimbo Martin M51	4) Pam Martin W51			
37.72	1:17.89	1:59.96	2:42.82	
8.19	32.73	1:51.14	2:30.25	
10.51	36.61	1:17.16	3:14.14	
40.80	1:22.05	2:03.50		